

# Authors: Integratus

## Information for Authors

*Integratus* will publish peer-reviewed, interdisciplinary scholarship from various mental health fields (e.g., psychology, counseling, social work, marriage and family therapy, counselor education, psychiatry). It will focus on integrating varying degrees of Catholic spirituality, anthropology, and human formation to make innovative contributions to psychological theory, research, and practice.

Integratus will consider a variety of scholarship related to the mission of the **Catholic Psychotherapy Association**:

- **Empirical:** Using quantitative, qualitative, or mixed methods. Full-length empirical studies or brief reports.
- **Theoretical:** Addressing topics related to the practice of psychotherapy or foundational issues (e.g., philosophical anthropology); new therapeutic approaches.
- **Analytic Reviews:** Synthesis of literature that provides a “state-of-the-art” review, including identification of debate(s)/divergent viewpoints, future directions, and clinical application.
- **Historical:** Catholic involvement in psychotherapy and related fields over the centuries.
- **Interdisciplinary:** The relationship of psychotherapy to adjacent fields, such as spiritual direction and the “cure of souls.”
- **Clinical Reflections:** Practitioners recount their experience of being a Catholic psychotherapist; particular interest in practitioners’ experiences with emergent topics and clinical issues; unique approaches to challenges. See **template** for detailed structure and formatting guidelines.
- **Case Studies:** Typically, n of 1 study of unique cases and clinical approaches that integrate Catholic and mental health components; measurement of process and outcome of counseling is preferred in addition to narrative. See **template** for detailed structure and formatting guidelines.
- **Book and Media Reviews:** Scholarly analyses of especially prominent or influential works; reviews should assess the strengths of the book’s contribution to psychotherapy and ways it may have provided weak arguments or inaccurate information. Reviews assessing the strengths and weakness of other media (e.g., film, programs) that therapists might recommend to a client will also be considered.

**The journal welcomes all submissions relevant to its aim and scope. Membership in the Catholic Psychotherapy Association is not a requirement to submit to or publish in the journal.**

For more information about the journal and example areas of interest, see the Integratus [About](#) page.

## Manuscript Submission

All submissions must be made electronically (preferably in Microsoft Word format) through the [Scholastica submissions portal](#) for *Integratus*. Only original articles will be considered. Authors having difficulty uploading a paper via the portal should contact editors Robert Kugelmann and Jesse Fox at [integratus@catholicpsychotherapy.org](mailto:integratus@catholicpsychotherapy.org).

Authors should remove all identifying details on the title page of the manuscript, and include a separate title page with author information as an attachment. Please remove any identifying phrases or language about the authors from the manuscript before submission.

Membership in the Catholic Psychotherapy Association is not a requirement to submit to or publish in *Integratus*. There are no fees or charges associated with publishing in this journal.

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## Article types and formatting

**Original Research Articles:** 25–30 typed, double-spaced pages, including references

**Brief Reports/Clinical Reflections:** 5–15 typed, double-spaced pages, including references

**Book/Media Reviews:** 5–10 typed, double-spaced pages, including references. Extended review essays will also be considered.

Articles submitted for consideration should follow the style of the [Publication Manual of the American Psychological Association, 7th ed.](#) Manuscripts must include an abstract containing a maximum of 250 words typed on a separate page. The abstract should be followed by 3–5 keywords or brief phrases.

**Tables** should follow APA style, 7th edition. They may be submitted in Excel or formatted using Microsoft Word's table function. (Tables should not be submitted using tabs, returns, or spaces as formatting tools.)

Tables should be provided at the end of the manuscript text, or as separate Word or Excel files. All tables must be referenced in text, in sequential order.

**Figures** must be submitted as separate files (not embedded in the manuscript). All figures will be published in grayscale.

Figures should be submitted in one of the following formats: .tif, .jpg, .eps (.bmp, .png, and .gif files are not recommended). PDFs are not accepted. Figure text should be 8–10 pt. sans serif type.

A list of figures with captions, keys, and credits should be provided at the end of the manuscript text. All figures must be referenced in text, in sequential order.

**Confidentiality:** When writing about clients or patients for publication, authors should follow the Publication Manual of the American Psychological Association (7th ed.) section 1.19, Protecting Confidentiality; and **“Writing About Psychiatric Patients: Guidelines for Disguising Case Material,”** *Bulletin of the Menninger Clinic*, Vol. 50, No. 6, November 1986.

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## Publication ethics

### Disclosure of conflicts of interest

*Integratus* requires that authors disclose all potential conflicts of interest. Any interest or relationship, financial or otherwise, that might be perceived as influencing an author's objectivity or exerting an undue influence on the presentation of their work is considered a potential conflict of interest. These may include, but are not limited to financial, professional, contractual, or personal relationships or situations.

Authors should include a statement in the title page detailing all potential conflicts of interest. If the manuscript has multiple authors, all contributing authors must disclose conflicts of interest.

For additional guidance, refer to the recommendations in the Publication Manual of the American Psychological Association (7th ed.).

**Sample wording for your disclosure statement:** “Author A is employed at company B. Author C owns shares in company D and is on the Board of Company E. Author F has received grants from [name of grantor] to support the research described in this article.”

If no conflicts of interest exist, the declaration should state “The authors declare no conflicts of interest.”

## **Funding statement**

The manuscript must include a funding statement detailing all sources of financial support, including grant numbers if applicable.

**Sample wording for your funding statement:** “This research was supported by an award from the National Institute of Mental Health (grant number XXXX).”

Grants held by different authors should be identified as belonging to individual authors. For example: “This work was supported by the National Institutes of Health (Author A, grant number XXXX), (Author B, grant number YYYY).”

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## **Authorship**

*Integratus* refers to the **American Psychological Association (APA) guidelines for authorship** and the **APA Ethics Code**.

Individuals who have made a substantial contribution to the article as defined in the **APA guidelines** should be listed as authors. Contributions that do not meet the criteria for authorship may be recognized in an Acknowledgment note.

Upon acceptance of the article for publication, each author must confirm in writing that they approve the authorship order and agree to the responsibilities of authorship.

## **Ethics statement**

Articles that report the results of research with human participants must include an ethics statement in the following format:

This study was reviewed and approved by [full name and affiliation of ethics committee], and the procedures followed were in accordance with the Helsinki Declaration as revised in 2013. The patients/participants provided their written informed consent to participate in this study.

For guidance, authors should refer to the [APA Ethics Code](#) and the [World Medical Association Declaration of Helsinki](#).

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