

About the Authors

Judith Lewis Herman, MD, is Professor of Psychiatry (part time) at Harvard Medical School. For 30 years, until she retired, she was Director of Training at the Victims of Violence Program (VOV) at Cambridge Health Alliance (CHA) in Cambridge, Massachusetts. She is the author of two award-winning books—*Father–Daughter Incest* and *Trauma and Recovery*—and coauthor of *The Trauma Recovery Group: A Guide for Practitioners*. Dr. Herman is a recipient of the Lifetime Achievement Award from the International Society for Traumatic Stress Studies, the Woman in Science Award from the American Medical Women’s Association, and the Lifetime Achievement Award from the Trauma Psychology Division of the American Psychological Association. She is a Distinguished Life Fellow of the American Psychiatric Association.

Diya Kallivayalil, PhD, is a staff psychologist at the VOV Program at CHA and the trauma consultant for the Department of Psychiatry. She is also Assistant Professor in the Department of Psychiatry at Harvard Medical School and a member of the faculty of the CHA’s seminar on Global Health and Human Rights. Dr. Kallivayalil’s clinical specialty is the treatment of trauma-related disorders. She has published in the areas of complex trauma, gender-based violence, homicide bereavement, and refugee health. She is coauthor of *The Trauma Recovery Group*.

Lois Glass, MSW, LICSW, is in private practice and a senior consultant to the VOV Program at CHA. She also is Director of the Vicarious Trauma Project at the Boston Area Rape Crisis Center and a member of the national Vicarious Trauma Toolkit Project, sponsored by the U.S. Department of Justice. Ms. Glass specializes in group treatment and the treatment of trauma. She has lectured extensively and has contributed to many publications, including *Our Bodies, Ourselves*.

Barbara Hamm, PsyD, is a consulting psychologist and Co-Director of Victim Service Initiatives for Violence Transformed at the Public Health Advocacy Institute/Northeastern University School of Law. She is also a licensed clinical psychologist with a private practice and consultation service in Cambridge, Massachusetts, and former Director of the VOV Program at CHA. Dr. Hamm has developed several group therapy models for treating complex trauma, has presented nationally and internationally on the impact of traumatic experiences over the course of the lifespan, has pioneered mindfulness training for law enforcement officers, and has traveled extensively in the United States and abroad to offer trauma training to organizations working with refugees in flight and victims of natural and man-made disasters. She is affiliated with the Center for Mindfulness and Compassion at CHA and is on the technical advisory board for the SEED Foundation in Kurdistan.

Tal Astrachan, PsyD, is a clinical psychologist in private practice in Cambridge and Somerville, Massachusetts. She completed a 2-year postdoctoral fellowship at the VOV Program at CHA, specializing in the assessment and treatment of psychological trauma. She also completed postgraduate training in accelerated experiential dynamic psychotherapy and emotion-focused therapy.

Phillip Murray Brown, MSW, LICSW, is the group coordinator at the VOV Program at CHA, where he offers individual psychotherapy, group psychotherapy, and crisis counseling for survivors of recent violent crime. In addition to his work at the VOV Program, Mr. Brown is Chief of Social Work and Director of Social Work Training for the Department of Psychiatry at CHA, where he also leads a clinical team within general psychiatry as part of the outpatient department. He holds a faculty appointment at Harvard Medical School; is on the adjunct faculty at Tufts University, where he teaches an undergraduate course on sexual assault and domestic violence; and maintains a private practice in Cambridge, Massachusetts.