



FIGURE 7.3. Example of Solution Circles created by a 13-year-old boy.

How I Feel about ending therapy

HEARTFELT FEELINGS STRATEGY



HURT	<input type="checkbox"/>	SAD	<input type="checkbox"/>	_____	<input type="checkbox"/>
HAPPY	<input type="checkbox"/>	MAD	<input type="checkbox"/>	_____	<input type="checkbox"/>
SCARED	<input type="checkbox"/>	GLAD	<input type="checkbox"/>	_____	<input type="checkbox"/>
WORRIED	<input type="checkbox"/>	SURPRISED	<input type="checkbox"/>	_____	<input type="checkbox"/>
LOVE	<input type="checkbox"/>	HATE	<input type="checkbox"/>	_____	<input type="checkbox"/>

FIGURE 7.5. HFS (ending therapy). Reprinted with permission from Rhinebeck Child and Family Center.

My list of feelings most of the time....

HAPPY	♥	
SAD	∩	
WORRIED		
		
MAD	⌚	
AFRAID	●	

FIGURE 7.7. Example of a completed affective color code. Copyright by the Boundary Project. Reprinted with permission from Eliana Gil.

My name is: _____

Today is: 12 | 5 | 12



My feelings About Dr Gil



My feelings About stopping therapy ending

FIGURE 7.9. Example of a completed CYF regarding termination. Copyright by the Boundary Project. Reprinted with permission from Eliana Gil.



FIGURE 7.13. “The Gift of Therapy” box.



FIGURE 7.14. “The Gift of Therapy” box with a butterfly inside.



FIGURE 7.15. “The Gift of Therapy” box with a pink heart inside.



FIGURE 7.16. “The Magic Lizard” drawing by Violet.