

REINFORCERS FOR MY CHILD

Food treats	Drink treats	Activities (going on swings, going in the car, bubbles, favorite songs or music)	Toys and books	Sensory or movement (being swung, bounced, tickled)

From *The Activity Kit for Babies and Toddlers at Risk* by Deborah Fein, Molly Helt, Lynne Brennan, and Marianne Barton. Copyright © 2016 by The Guilford Press. Purchasers of this book can photocopy and/or download additional copies of this material (see the box at the end of the table of contents).

WAKING UP AND GOING TO SLEEP

Babies

0–3 Months

Good Morning, Toes! (page 132)
Good Night, Toes! (page 132)
Kangaroo Cuddle (page 133)
Rock-a-Bye Baby (page 133)
Look at Baby! (page 133)
Change It Up! (page 133)
What Does Baby Need? (page 134)

3–6 Months

Wake-Up Routines (page 145)
Morning Stretch (page 146)
Morning Greetings (page 146)
Reading Together (page 146)
It's the Opposite! (page 146)
Nursery Rhymes and Lullabies (page 147)
Say Good Night (page 147)

6–9 Months

Wake Up, Baby! (page 161)
Sleepy Time (page 162)
Let's Read a Book (page 162)

9–12 Months

Up? (page 175)
Wake Up, Everyone! (page 175)
Night-Night Lullabies (page 175)
Night-Night, Teddy! (page 176)
Bedtime Reading (page 176)
Baby's Own Books (page 176)

Toddlers

1. Good Morning, Elmo! LANGUAGE (page 57)
2. Night-Night, Daddy! LANGUAGE/SOCIAL ENGAGEMENT (page 58)
3. Up, Up, and Away! LANGUAGE/NONVERBAL COMMUNICATION/SOCIAL ENGAGEMENT/EYE CONTACT (page 59)
4. The Blanket Game SOCIAL ENGAGEMENT/LANGUAGE (page 60)
5. Let's Go Fast. Let's Go Slow. LANGUAGE/NONVERBAL COMMUNICATION (page 61)
6. Lights Out! LANGUAGE (page 61)
7. Bedtime Stories LANGUAGE/SOCIAL ENGAGEMENT (page 62)
8. Homemade Books LANGUAGE (page 62)
9. Remembering the Day: Happy Memories LANGUAGE/THINKING (page 64)
10. Lullaby and Good Night SOCIAL ENGAGEMENT/NONVERBAL COMMUNICATION (page 64)

DRESSING, UNDESSING, AND DIAPER CHANGING

Babies

0–3 Months

Feels So Good! (page 134)
I Can Make It Happen! (page 134)
What Do I See? (page 134)
Tum-Tum on the Tummy (page 135)

6–9 Months

Peekaboo! (page 163)
Dressing Song (page 163)
Look at Mama! (page 163)
Yummy Baby! (page 164)

3–6 Months

Baby Massage (page 148)
Go–Stop! (page 148)
What’s Coming? (page 148)
Where’s Mommy? (page 149)
Funny Mommy! (page 149)
Sock Off! (page 149)

9–12 Months

Can I Have It? (page 179)
Which Socks? (page 179)
Shirt On, Shirt Off (page 179)
Where’s Baby’s Arm? (page 179)
Diaper Song (page 179)
Silly Mommy/Daddy! (page 180)

Toddlers:

1. Hello–Goodbye LANGUAGE/PRETEND PLAY/IMITATION (page 66)
2. The Peekaboo Game EYE CONTACT/SOCIAL ENGAGEMENT/THINKING (page 67)
3. Sticky, Wet, Open, Close LANGUAGE (page 68)
4. The Diaper Song LANGUAGE/SOCIAL ENGAGEMENT (page 69)
5. Red Shirt or Blue Shirt? LANGUAGE/NONVERBAL COMMUNICATION (page 69)
6. Dressing Mr. Teddy PRETEND/IMITATION (page 70)
7. Sock On, Sock Off! SOCIAL ENGAGEMENT/LANGUAGE (page 70)
8. Where Did Baby Go? SOCIAL ENGAGEMENT/LANGUAGE/THINKING (page 71)
9. Getting the Pants LANGUAGE/THINKING (page 71)
10. Mommy’s Shirt, Baby’s Shirt LANGUAGE/IMITATION/THINKING (page 72)
11. Silly Dressing SOCIAL ENGAGEMENT/THINKING (page 73)

MEALTIME

Babies

3–6 Months

Kangaroo Cuddle (page 147)
You Do, I Do! (page 147)
How Many Tickles? (page 147)
Let's Touch! (page 148)

6–9 Months

Yummy/Yucky (page 162)
Here Comes the Plane (page 162)
Feed Mommy? (page 163)
Where Did It Go? (page 163)

9–12 months

Drinks for Everyone (page 177)
I Make Mommy/Daddy Honk! (page 177)
Fun with Food! Squish, Squish! (page 177)
Where Is It Hiding? (page 177)
Baby's First Words (page 178)
Let's Pretend! (page 178)
Which One Do We Want? (page 178)
I Can Feed Myself! (page 179)

Toddlers

1. More Cheese, Please NONVERBAL COMMUNICATION/EYE CONTACT (page 74)
2. Grapes or Blueberries? NONVERBAL COMMUNICATION (page 75)
3. Using Pictures to Request NONVERBAL COMMUNICATION/EYE CONTACT (page 76)
4. Picture Menu NONVERBAL COMMUNICATION (page 76)
5. Here Comes the Spoon! EYE CONTACT (page 77)
6. Silly Mommy! NONVERBAL COMMUNICATION/LANGUAGE (page 78)
7. Hot and Cold LANGUAGE (page 79)
8. "Cut," "Big," and "Little" LANGUAGE (page 79)
9. Counting with Food LANGUAGE (page 80)
10. Teaching Color Words LANGUAGE (page 81)
11. Verbal Imitation in the Kitchen LANGUAGE/IMITATION (page 81)
12. Hide and Seek in the Rice LANGUAGE/THINKING (page 81)
13. Fits or Doesn't Fit LANGUAGE/THINKING (page 82)
14. Pretending to Feed Dolly PRETEND PLAY/IMITATION (page 82)
15. Pretending to Cook PRETEND PLAY/IMITATION/LANGUAGE (page 82)
16. Yummy/Yucky Food LANGUAGE/THINKING (page 83)
17. Yummy and Yucky Toothpaste LANGUAGE (page 84)
18. Getting Ready for Tooth Brushing LANGUAGE/IMITATION (page 84)
19. Brushing Dolly's Teeth IMITATION/PRETEND PLAY (page 84)
20. Fun with Food BEHAVIOR, PRETEND, THINKING, IMITATION (page 85)

From *The Activity Kit for Babies and Toddlers at Risk* by Deborah Fein, Molly Helt, Lynne Brennan, and Marianne Barton. Copyright © 2016 by The Guilford Press. Purchasers of this book can photocopy and/or download additional copies of this material (see the box at the end of the table of contents).

BATHTIME

Babies

0–3 Months

Just Right! (page 135)
Look at Me! (page 135)
What Do I See? (page 135)
What Do I Feel? (page 136)

3–6 Months

Let's Blow Bubbles (page 149)
Surprise Bags (page 149)
Bubble Bath (page 150)
Line 'Em Up and Knock 'Em Down
(page 150)
Washcloth Games (page 150)

6–9 months

Rainbow Bathtime (page 164)
Drawing in the Tub (page 164)

6–9 months (continued)

Let's Go Fishing (page 164)
Fill and Spill (page 165)
Pop the Bubble (page 165)
Silly Ice Cubes (page 165)

9–12 Months

Mommy/Daddy Says (page 180)
Splash with Your Feet (page 180)
Ready, Set, Go! (page 180)
In and Out (page 181)
Dry and Wet (page 181)
Sticks/Doesn't Stick (page 181)
Body Parts (page 181)
Pretend (page 181)
Sink and Float (page 182)
Colors (page 182)

Toddlers

1. Wet and Dry, Head and Tummy LANGUAGE (page 86)
2. I Splash, You Splash IMITATION (page 87)
3. Bubbles on Body Parts LANGUAGE (page 87)
4. Making Bathtub Choices NONVERBAL COMMUNICATION (page 88)
5. Bath Songs LANGUAGE (page 88)
6. Dolly's Bath PRETEND PLAY/ LANGUAGE (page 89)
7. Splashing Hands and Feet LANGUAGE (page 89)
8. Jump, Splash, Squirt LANGUAGE (page 89)
9. Tub Toy Clean-Up LANGUAGE/ NONVERBAL COMMUNICATION (page 90)
10. Sticks or Doesn't Stick LANGUAGE/THINKING (page 90)
11. Floats or Sinks LANGUAGE/THINKING (page 90)
12. Bathtub Colors LANGUAGE/THINKING (page 91)
13. Fill and Spill THINKING/LANGUAGE (page 91)
14. Drying Off Song LANGUAGE/SOCIAL ENGAGEMENT (page 91)

From *The Activity Kit for Babies and Toddlers at Risk* by Deborah Fein, Molly Helt, Lynne Brennan, and Marianne Barton. Copyright © 2016 by The Guilford Press. Purchasers of this book can photocopy and/or download additional copies of this material (see the box at the end of the table of contents).

CHORES

Babies

0–3 Months

Let's Wash the Clothes! (page 137)

I Smell Cinnamon! (page 137)

3–6 Months

Help Mommy Cook (page 151)

Funny Clean-Up (page 151)

6–9 Months

Laundry Time (page 166)

Baby Helping Mommy Cook (page 166)

9–12 Months

Laundry Time and Helping Mommy Cook
(page 183)

Wash the Car (page 183)

Paint the House (page 183)

What Do I Hear? (page 184)

Toddlers

1. Driving to the Washing Machine NONVERBAL COMMUNICATION/
LANGUAGE/PRETEND PLAY (page 92)
2. The Laundry Routine EYE CONTACT/NONVERBAL COMMUNICATION (page 93)
3. Laundry Language LANGUAGE (page 94)
4. Laundry Matching LANGUAGE/THINKING (page 94)
5. Where Does It Go? THINKING (page 95)
6. The Clean-Up Song THINKING/BEHAVIOR (page 96)
7. Clean-Up Sorting THINKING (page 96)
8. Sorting Silverware THINKING (page 97)
9. Washing the Table IMITATION (page 97)
10. Sweep, Sweep, Sweep! IMITATION (page 98)

ERRANDS

Babies

0–3 Months

We're Going in the Car! (page 136)

We're Going for a Walk! (page 136)

Let's Work Out! (page 136)

3–6 Months

We're Going for a Walk (page 151)

“Ba” and “Da” (page 151)

Help Mommy Shop (page 151)

6–9 Months

Baby Signs (page 165)

9–12 Months

Help Mommy/Daddy Shop (page 182)

Which One Do You Want? (page 182)

Word of the Day (page 183)

Toddlers

1. Waving Bye-Bye NONVERBAL COMMUNICATION/EYE CONTACT/IMITATION (page 99)
2. Songs in the Car LANGUAGE (page 100)
3. The Color Sighting Game THINKING (page 100)
4. Pretend Car or Bus Trips PRETEND PLAY (page 101)
5. Stop and Go LANGUAGE (page 102)
6. Picture Schedule for Places We Go THINKING/LANGUAGE (page 102)
7. The Errand Song LANGUAGE/THINKING (page 103)
8. Remembering Pictures of Places LANGUAGE/THINKING (page 104)
9. Waiting Patiently BEHAVIOR/THINKING (page 104)
10. Stay with Me BEHAVIOR (page 104)
11. From Market Matching to Visual Shopping Lists THINKING/LANGUAGE/BEHAVIOR (page 105)
12. Where Does Baby Go? LANGUAGE (page 106)
13. How Many Oranges? LANGUAGE/THINKING/EYE CONTACT (page 106)

PLAYTIME

Babies

0–3 Months

Rhymes and Songs for Baby (page 137)
Really! You Don't Say! (page 138)
A Walk around the House (page 138)
Let's Move! (page 138)
Let's Look! (page 138)
Let's Touch! (page 139)
Let's Listen! (page 139)
Tummy Time (page 139)

3–6 Months

I Can Sit! (page 152)
I Can Reach and Roll (page 152)
Real-World Toys (page 152)
Peekaboo and Hide and Seek (page 152)
I Do, You Do! (page 153)
I Can Move Things (page 153)
Family Album (page 153)
Pinwheel (page 153)
Trot-Trot to Boston (page 154)
Bounce Time (page 154)
Way Up High (page 154)
Helium Balloon (page 154)
Disguise Face (page 155)
Songs for Moving Hands (page 155)

6–9 Months

Animal Tickles or Kisses (page 166)
Ahhhhhhhhhh Boom! (page 166)
Vehicle Rides (page 166)
Now It's . . . (page 167)
Touch and Feel Box (page 167)
Paper Towel Roll Games (page 167)
Music Maker (page 167)
Play Ball! (page 168)
Let's Move (page 168)
Where's Baby? (page 169)
Pop-Up Time (page 169)
Find the Noise (page 169)
Where Is Thumbkin? (page 169)
Mirror Play (page 169)

9–12 Months

Let's Draw! (page 184)
Let's Talk! (page 184)
Baby Basketball (page 184)
Balloons (page 185)
Where's Your Nose? (page 185)
Nothing Can Go Wrongo (page 185)
Let's Unwrap (page 186)
Where's Mommy/Daddy? (page 186)
Sticks, Doesn't Stick (page 186)
Sand Table or Sandbox (page 186)
Stacking Rings, Blocks, Puzzles (page 187)
Tug of War (page 187)
Let's Swing (page 187)
Treasure Hunt (page 188)

PLAYTIME

Toddlers

Indoor Play

1. Color Matching and Color Words LANGUAGE/THINKING (page 108)
2. Puzzle Piece Scavenger Hunt LANGUAGE/THINKING/NONVERBAL COMMUNICATION (page 109)
3. Look Where I'm Looking! NONVERBAL COMMUNICATION/SOCIAL ENGAGEMENT (page 110)
4. It's Still There! LANGUAGE/THINKING (page 111)
5. Building Block Towers LANGUAGE (page 111)
6. Playing with Balloons LANGUAGE/MOTOR COORDINATION/EYE CONTACT (page 112)
7. Let's Play Ball! NONVERBAL COMMUNICATION, EYE CONTACT, MOTOR COORDINATION, SOCIAL ENGAGEMENT (page 113)
8. Find the Music THINKING (page 114)
9. Making Music NONVERBAL COMMUNICATION, LANGUAGE (page 114)
10. Dance to the Music EYE CONTACT, LANGUAGE, SOCIAL ENGAGEMENT (page 115)
11. The Singing Puppet SOCIAL ENGAGEMENT (page 115)
12. Feed the Puppet IMITATION/PRETEND PLAY (page 116)
13. Animal Time LANGUAGE/PRETEND PLAY (page 116)
14. The Very Big Ball LANGUAGE/EYE CONTACT/SOCIAL ENGAGEMENT (page 117)
15. I Want That One! NONVERBAL COMMUNICATION/EYE CONTACT (page 117)

Outdoor Play

1. Let's Go Sliding! LANGUAGE (page 118)
2. Sliding with Friends SOCIAL ENGAGEMENT, BEHAVIOR (page 119)
3. Let's Go Swinging! EYE CONTACT/NONVERBAL COMMUNICATION/LANGUAGE (page 119)
4. Drawing with Sidewalk Chalk IMITATION/THINKING/MOTOR (page 121)
5. Bubbles, Bubbles, Bubbles! EYE CONTACT/NONVERBAL COMMUNICATION/IMITATION/MOTOR SKILLS (page 121)
6. Sand and Water LANGUAGE/THINKING/EYE CONTACT/NONVERBAL COMMUNICATION (page 122)
7. Mixing Colors at the Water Table or the Sink THINKING/NONVERBAL COMMUNICATION (page 123)
8. More Water Play LANGUAGE/IMITATION (page 123)
9. Watering Can Sprinkling LANGUAGE (page 123)
10. Scooter, Wagon, Tricycle, Toy Car LANGUAGE/EYE CONTACT (page 124)