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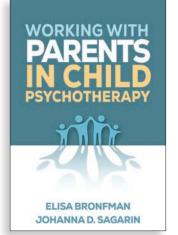
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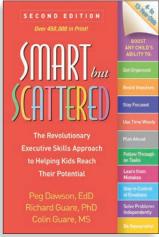
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Elisa Bronfman, PhD, Harvard Medical School; Boston Children's Hospital Johanna D. Sagarin, PhD, Assumption University

G rounded in decades of clinical experience, this empathic, practical book presents a researchinformed framework for delivering parent guidance as a stand-alone intervention or adjunct to child therapy. The authors delineate flexible coaching strategies to enhance family relationships and parenting skills and find new solutions to struggles around discipline, homework, bedtime, meals, screen time, and other daily routines. The approach can be tailored for parents dealing with any child mental health concern or behavioral challenge. Assessment, treatment planning, clinical decision making, and progress monitoring are all discussed in step-by-step detail. Packed with illustrative case material, the book features 34 reproducible clinical tools that can be photocopied or downloaded.

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The Revolutionary Executive Skills Approach to Helping Kids Reach Their Potential

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The bestselling book that helped put executive skills on the map for hundreds of thousands of families is **now in a revised and updated second edition**, with new research, a new chapter on technology, and a greatly expanded school chapter. Written expressly for parents, this accessible, state-of-the-science work provides keys to understanding "smart but scattered" kids, boosting skills that are lacking, and troubleshooting everyday routines. The approach is suitable for children with ADHD or learning disabilities as well as those without a clinical diagnosis. Readers can download and print a wealth of practical tools.

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-Ellen Braaten, PhD

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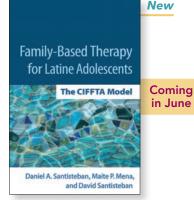
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The CIFFTA Model Daniel A. Santisteban, PhD,

University of Miami (Emeritus) Maite P. Mena, PsyD,

University of Miami

David Santisteban, Training and Implementation Associates, Miami, FL

Filling a key need for clinicians working with at-risk Latine adolescents, this book bridges the gap between evidence-based and culturally informed adolescent and family therapy. The authors explore the unique challenges facing Latine youth and families--including immigrationand acculturation-related stressors and minoritization--as well as culturally based sources of resilience. They present Culturally Informed and Flexible Family-Based Treatment for Adolescents (CIFFTA), which combines manualized family and individual interventions. Therapists can select from an extensive list of psychoeducational modules to tailor the intervention to unique client needs. Vivid case examples illustrate high-quality, time- and cost-effective treatment strategies for a range of mental health and substance use problems.

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University of Minnesota Twin Cities

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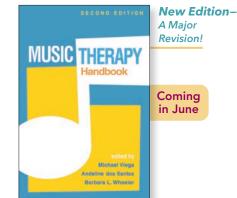
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Andeline dos Santos, PhD, RMT, University of Pretoria, South Africa

#### Barbara L. Wheeler, PhD, MT-BC, Montclair State University (Emerita)

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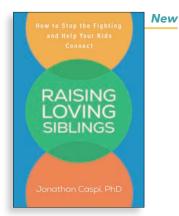
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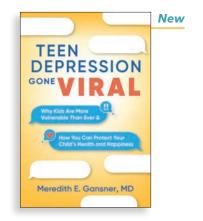
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